

# https://www.tabasco-erasmus.eu

NEWSLETTER NO.4 JULY 2023 METHODOLOGY

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We are pleased to unveil the methodology and toolkit that form the backbone of the TABASCO project. This comprehensive working approach is the result of the collaborative efforts of all partners to create effective anti-harassment methods that resonate with diverse communities.

# Development of the integrated methodology

The journey started with the creation of a project for integrated methodology. This fundamental step laid the foundations for the structure and approach of the anti-harassment campaign. Based on research and collective expertise, the methodology became a guide for the next steps.

# Accepting feedback from partners

The strength of the TABASCO approach lies in the contribution and dedication of all partners. Through open communication and information exchange, the methodology has been refined and adapted to meet the unique needs of each participating country. The structure has been carefully evaluated and refined based on suggestions from partners.





# METHODOLOGY



# **NEWSLETTER NO. 4**

# STRENGTHENING CHANGE: TABASCO PROJECT METHODOLOGY AND TOOLBOX

## Building a complete set of tools:

A diverse package of methods has been carefully selected for application in each partner's anti-bullying campaign. The toolkit offers a range of approaches best suited to the national context. By incorporating these methods, the campaign can effectively address the issue of bullying, providing tailored solutions for different communities.

# A toolkit for all stakeholders

The toolkit is aimed at different stakeholders involved in the fight against harassment. It provides rich and relevant information for teachers, parents, students and others involved in creating a safe environment. The learning materials, web quizzes, training videos and awarenessraising documentation equip each group with the tools they need to contribute effectively.



### **Engaging young minds**

At the heart of the approach is the desire to involve and empower young people. A meticulous design process ensures that the content and toolkit of the methodology is not only informative but also attractive to young people. By stimulating their interest, we aim to instil a sense of responsibility and action against bullying.

## Expanding to a TABASCO Campaign

The project's most important goal is to expand its efforts to a campaign, focusing on local communities where children attend school. By involving young people in this campaign, the project aims to amplify the impact of its other initiatives and create a wider network of young online safety advocates.





### EMPOWERING COMMUNITIES IMPACT OF THE TABASCO CAMPAIGN ON LOCAL EDUCATION

The TABASCO campaign is having an incredible impact on the local community and education system in partner countries. This unique initiative focuses on combating bullying through innovative pedagogical methods that promote safe use of social media and building positive relationships among students.



#### **Teachers as initiators**

In our community, dedicated teachers are taking the TABASCO approach to bullying prevention. They actively guide their students on how to safely navigate social media, encouraging responsible online behaviour. By incorporating interactive and constructivist teaching methods into their pedagogical approach, educators empower students to become agents of change in the fight against bullying.

#### Getting to the heart of the matter

The impact of the TABASCO campaign is amplified by the fact that at least two classes, comprising around 20 pupils each, actively participate in the testing activities and engage with the main objectives of the campaign. By involving over 300 students in total, this dynamic and diverse group embraces the power of unity in combating harassment and promoting safer online interactions.

#### A dynamic process of learning and sharing experiences:

The cross-media platform and interactive environment of the web portal promotes a collaborative and supportive community, fostering empathy and understanding among participants. The campaign gives students the opportunity to become active advocates against bullying, while learning from each other and developing meaningful connections.

#### Creating a safe online space

Through the TABASCO Campaign, our community is witnessing a transformation in the way students and educators approach social media. By encouraging responsible use and promoting a culture of respect and empathy, we are creating a safer online space for everyone. Students become digital citizens who understand the consequences of their actions, while teachers serve as trusted guides in this digital age.

#### A global movement

• The TABASCO campaign is not limited to classrooms, but extends beyond borders and promotes a global movement against bullying. The collaborative efforts of students, teachers and partners reinforce the idea that creating a safe and inclusive environment is a shared responsibility.

#### A bright future ahead

As the TABASCO Campaign continues to grow and expand, we look forward to witnessing the positive impact it will have not only on our community, but also on communities in our partners and beyond. By empowering the younger generation to stand up against bullying, we are cultivating a compassionate and empathetic society for the future.